



Thunderbird Clubhouse News

1251 Triad Village Dr, Norman, OK 73071 405-321-7331 www.thunderbirdclubhouse.org info@thunderbirdclubhouse.org

Board of Directors 2009-2010

- Joyce Green- President
- Blake Virgin-V.P
- Philip Holden-Moses- Sec.
- Andy Sherrer- Treasurer
- Elizabeth Base
- Michael Cordial
- Suzanne Dunn
- Sharon Farris
- Kris Glenn
- David Guest
- Mike Isaac
- Charlotte Kendrick
- Rick Medcalf
- Steve Owens
- Lisa Raiber
- Kathyrn Walker
- Christi Wilson

Thunderbird Clubhouse Annual Board Meeting

On April 21st at 5:30 we will celebrate our Annual Meeting in our new Clubhouse—a first time event! We will elect new officers, as well as celebrate our “Volunteer of the Year” and our recipient of the “Spirit of Thunderbird” award. The Volunteer of the Year will be awarded to an individual who has given above and beyond in terms of hours and expertise to the Clubhouse. The Spirit of Thunderbird award will be given to an individual who has truly grasped the mission of our agency and has contributed in ways that are special and unique. We will also honor all board members as well as a special recognition that will be presented to Steve Owens by Mike O’Brien. Mr. O’Brien is the Executive Director of the Oklahoma Department of Rehabilitation Services and has been an active supporter of Clubhouses in Oklahoma and the U.S.

We want this to be a BIG event with lots of celebrating! Please join us for dinner at 5:30. Philip Holden-Moses will be on hand to help us create a great Italian meal of lasagna. If you have questions, please call the Clubhouse. We would appreciate it if you would RSVP before April 16th. Thank you and see you on the 21st!!!



Le Tour De Vin

We are proud to announce that Thunderbird Clubhouse will be the beneficiary of Le Tour De Vin this year. The three Norman Rotary Clubs sponsor this amazing event and Steve Owens is the Honorary Chair this year. Thank you to the Cross Timbers, Norman and Sooner Rotary Clubs, and Republic National Distributing Company, who sponsor this weekend festival of wine tasting that benefits the Clubhouse.

June 4th-An Evening in Tuscany: Spend an unforgettable evening at the home of Becky and Barry Switzer and take a tour of Tuscany in wine, food, and entertainment. The wines courtesy of Republic National Distributing Company will feature fine wines from Italy as well as Italian style wines from California. The fantastic food pairings will be prepared and offered by Benvenuti’s. Tickets are limited and are \$125 per person. (continued on page 2)



Thunderbird Clubhouse Mission Statement

To build a community that offers respect and opportunities to adults living with and recovering from mental illness, enabling members to achieve their social, financial, vocational, and independent-living goals.

New Additions to Clubhouse

We have a new employee of Thunderbird Clubhouse! His name is Chris Hodge and he was a student here, but after graduating with his social work degree, he is now officially staff in the clerical unit. All of the male members at Clubhouse agree it is good to have a guy on staff. Chris is very quiet, but



is a hard worker and never says "no" to any task brought his way. He enjoys going to the YMCA with members and playing basketball with anyone who is willing at lunchtime. On March 31, 2010 at 3:00am, Chris and his wife celebrated the birth of their first child, Cade Hodge (pictured left). Cade has no idea yet how many uncles and aunts he has inherited from Clubhouse! Welcome to both of our new guys!



(Tour de Vin continued)

June 5th-Le Tour de Vin: Taste over 200 wines from such noted producers as Amethyst, Woodard Canyon, Paradigm, Napa Wine Co. and Caymus, offered by Republic National Distributing Company. Savor specialty entrees and desserts from the area's top restaurants. Participate in silent and live auctions of fine and rare wines, trips, gifts, and collectables. The evening's festivities will take place at the Kerr-McGee Stadium Club, Gaylord Family Oklahoma Memorial Stadium. Tickets are \$100 per person.

You may purchase the entire weekend for \$200 per person. Both events require advance registration; participants must be 21 years of age. For additional information or to request an invitation, e-mail info@letourdevin.com or call 405-308-5944. By invitation and advance registration only.



New Board Member!

Thunderbird Clubhouse welcomes a new board member, Elizabeth Base. Elizabeth is an attorney here in Norman and was steered our direction by Mike Isaac.

(Thank you Mike) She has served on other non-profits before so has valuable experience. In addition, she has expressed interest in serving on our Governance committee which we appreciate.

Welcome Elizabeth!

Faculty Training for Debbie and Liz



Debbie Ailshire and Liz Richardson have been selected to attend an intense, one week course to become trained as ICCD certified faculty members. This means they will be qualified to travel to other Clubhouses to evaluate and make recommendations about those Clubhouses' certification statuses. The training will take place May 17 through May 21 at Fountain House in New York City. Wish them luck!



Linn and David (pictured left to right) may look silly here, but they are serious about going and having fun in NYC!

MORE COLLEAGUES GOING TO NEW YORK

Our very own Linn Kruckeberg and David Guest are going to New York for a three week training course at the legendary Fountain House, the original Clubhouse. There they will immerse themselves in the Clubhouse model and theory. Specifically, they hope to focus on education and the betterment of the work-ordered day in order to bring suggestions back to Thunderbird Clubhouse. They are so excited and looking forward to the great opportunity.

New! Pavers Outside The Clubhouse Doors

Thanks to our many donors and Clubhouse members, we have started putting the personalized pavers outside on the brick walkway to the Clubhouse doors. The pavers were bought by various people and were written on in the manner chosen by the donor themselves. There is even going to be one for our old Clubhouse cat, Xena! We think the engraved pavers will add a touch of class to our Clubhouse in sharing the memories of those who helped and those who have passed on. Please remember it is not too late to purchase a paver, members-\$25 and non-members-\$100. We wish to thank you for your purchases.



Thank You to Chad Ely from 'openhouseok.com'

We appreciate Rose Wildrom (Dillard Group) for connecting us with Chad Ely who came out to the Clubhouse and took some fantastic photographs of our new Clubhouse. The pictures that we had done so far were not able to capture the beauty of our new facility. With his expertise and proper equipment, Chad was able to get all the right angles of each room. We will be posting the pictures on our website if you have not checked it out, please do: www.thunderbirdclubhouse.org.

Thank you Chad!!!



The Employment and Education Unit

The Employment and Education committee officially became a unit on January 11, 2010. The unit has worked hard trying to develop new job positions. We have met with OU, Hobby Lobby, Subway, Stonehouse Marketing, Dollar General, Walgreens, Goodwill, and Republic Bank. We have started four new positions– Two T.E.s at OU, one T.E. at Hobby Lobby, and one S.E. at Subway.

T.E. stands for “Transitional Employment”. These jobs require more assistance than others and are on a temporary basis. The S.E. position is the step between transitional and independent employment. An S.E. needs some assistance.

We hope to have a position at Republic Bank by the end of May and we plan to have positions at Walgreens, Dollar General, and Stonehouse Marketing in the near future.



Jeannie Morgan at Hobby Lobby

I have worked at Hobby Lobby since February 8, 2010. I enjoy working there because everybody is really nice. My boss is the best one that I have ever had; he is just great. To the right, I'm saying "Oh my gosh, look at all this glass". These are the shelves that I dusted when I first started. The bottom picture is taking the empty boxes to the box compactor after opening and pulling merchandise out. The boxes really weren't all that heavy, I was just trying to carry too many at once so that I could try to show up the guys that I work with. When it's time to open up boxes once the truck comes with a full load on Thursdays and a half load on Fridays, I am really working those boxes. Who says that a girl can't do what a guy can do, but only



better? Hobby Lobby is the best T.E. job that Thunderbird Clubhouse has; it is so much fun. You've got to have a fun job that you really like in order for it to go well. I want to thank the job coaches for helping me get that job, but most of all I want to give a great big thank you to Steve Owens for getting us that job. We all love you Steve!!

Jeannie Morgan

My Journey with a Hawk

By Mary Hines

On March 2nd I was making my way back home from Norman when I saw a hawk down on the shoulder along Highway 9. Something told me to go back, and to my surprise, the bird was alive but injured. I found a place called Wildcare that takes care of injured or babies of wildlife. Sad to report the red-shouldered hawk passed away that Sunday night. His spirit lives on around me and it is an adventure that I will never forget.



Kids for Kindness Festival

In the awareness of Earth Day in April, the Little River Zoo is having our Kids for Kindness Earth Day Festival. It will be held Sunday afternoon, April 18th, noon to 6 pm at Reaves Park. The park is located at 2501 Jenkins Ave. There are fun activities scheduled for kids and grown-ups. Our goal is to show the relationships between people, animals, and the world that we live on. There will be animals from the Little River Zoo, mascots like me ("Miss Prickles"), free giveaways, and fun activities for everyone. Everyone is invited to come and is encouraged to learn about recycling, conservation, and caring about our environment.



Story submitted by Jan Travis

Leadership Norman Board Interns

We are pleased to welcome two board interns to the Clubhouse board and committees. They are Kathryn Walker and Lisa Raiber. Lisa is a reading specialist with Norman Public Schools so she brings knowledge and experience about education and learning. Kathryn is an attorney with the City of Norman. Kathryn worked in a Clubhouse when she was a social worker in the past so she brings experience in both the Clubhouse model as well as her legal expertise. We welcome both of them and are glad they are sharing their valuable time with us!



What I'll miss about Thunderbird Clubhouse

I'm thankful for the opportunities I've had to travel to Clubhouse conferences, going camping at Robber's Cave, seeing the Christmas lights in Chickasha, and going shopping in Oklahoma City.

I've really enjoyed speaking at board meetings, at conferences, and on behalf of the Clubhouse to obtain grants.

I'll miss the strong sense of community here.

I'll miss all the friends I've made here.



I will miss Norman, OK. I'm moving to Minnesota, the Minneapolis area, my home state, on April 28th. I've missed living in a big city, and I hope to publish a book there. My last day at the Clubhouse will be on Friday April 23rd. Come and have lunch with me!

-Jane Anderson

On Which of My Own Sides

By Greg Clymer



See me run, as I struggle on,
 Seems to others that I can't decide
 Which side I am on. I am on my side, I will not backslide
 But I must be free, I must be me.
 I must be true to myself, true to me
 And be who I be., me myself and I, on Every side.
 I love dark, I love black, I love night
 I love day, I love bright, I love white, and I love light.
 I love magic, and I love faith.
 I love distortion, and I love truth
 I love age, and I love youth.
 I love rhythm and rhyme. I love urban and I love suburban.
 I love the underground- the underworld
 I love mainstream pop- the above ground world
 I love heaven- It is where I want to be
 And I love hell-But I do not want to be there.
 I love chastity, and I love sex. I love my generation-
 Generation X
 And I love this generation- Generation Next
 This generation, I love fast and I love slow
 I love in-between. I love all those around me- presently
 But I would love to be king.
 I love the weak, but I love strength.
 I love righteousness. I love holiness.

But I love wickedness,
 And Love Craft with witch heart
 I hate sin but I love being the sinner
 I hate to lose, but it is fine with me if I am a loser.
 Still I would love to be a winner.
 I love Jesus Christ and I hate Satan the devil
 Still I can be evil
 I will want to keep piece in peace,
 But still I'm a rebel
 I am a lover, a fighter.
 I belong to many tribes...many fan clubs
 Still I detest snobs. I love women,
 Especially when they are heart throbs
 Still I love my girlfriend, and chill on love's side.
 I am on my side, not condemned, saved not damned.
 I am myself without End, Amen.
 Where the dark side meets the light side
 Praise Jesus Christ, for saving my soul
 Just as I am, Amen.
 I struggle with this struggle of who I am
 Where sin meets holy
 Amen without end Amen.

April 2010 Socials and Special Events

Saturday, April 3rd—Yoga and Relaxation Class at the Clubhouse.
Pick-up 8-9am



Saturday, April 10th—Flea-Market and Target Shopping. Pick-up 8-9am



Saturday, April 17th—Darin Vincent and Tacy Payne's Commitment Ceremony at the Clubhouse. Pick-up 11:30am-12:30pm



Wednesday, April 21st—5:30pm Annual Board Meeting and Italian Dinner at Clubhouse. No Pick-up



Sunday, April 25th—Norman Music Festival. Pick-up TBA



Thunderbird Clubhouse
PO Box 1666
Norman, OK 73070

Non-Profit Permit #55
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Norman, Okla.

Thunderbird Clubhouse is proud to be United Way of Norman member agency.

CONTRIBUTIONS

Thunderbird Clubhouse gratefully accepts financial and in-kind donations. All donations are tax-deductible. Financial donations can be 'ear-marked' to benefit one of the following:

- * General Operational
- * Capital Campaign
- * Social and Recreational Account
- * Dental and Eyeglass Account for Members

To make a donation or request more information, detach this form and send it to:

Thunderbird Clubhouse, P.O. Box 1666, Norman, OK 73070

www.thunderbirdclubhouse.org

I would like to make a donation

I would like to request more information

I would like to volunteer my time

Name: _____

Address: _____

Phone: _____