

### Board of Directors

#### 2008-2009

David Moxley– Pres.  
 Joyce Green– V.P.  
 Philip Holden-Moses– Sec.  
 Andy Sherrer– Treas.  
 Debbie Ailshire  
 Jana Atkins  
 Roger Awtrey  
 Cory Dickinson  
 Mike Isaac  
 Rick Medcalf  
 Blake Virgin  
 Christi Wilson  
 Natalie Tindall

### New Board Officers

New officers for Thunderbird Clubhouse Board took office July 1st. David Moxley will serve as President, Joyce Green as Vice President, Andy Sherrer as Treasurer and Philip Holden-Moses as Secretary. Dr. Moxley is a professor at the O.U. School of Social Work and originally joined our Board one year ago. He has been a driving force in the development of the Thunderbird Artists Collective. Joyce Green is head of the GIS department at the City of Norman and has been chair of our governance committee. Andy Sherrer works at Republic Bank. He and Joyce have been active on our building committee working toward our new facility. Philip has agreed to serve as Treasurer for a second year. Philip teaches at O.U. and has been active in our development efforts.

We appreciate the three years that Jana Atkins served as our Board president. She is very committed to Thunderbird Clubhouse and will be serving one more year on the Board. Jean McNeely and John McGraw rotated off the board in June after serving for six years.

Thank you to all our hardworking Board!!!



### ***Pet Show is rescheduled for April 18, 2009***

*We were sorry to have to postpone the "Petacular". We hope you will be patient with us as we prepare for the event next spring. Most of our sponsors have chosen to stick with us and let us count them as sponsors next year.*

### Celebration Dinner

We will be having Celebration Dinner in the Clubhouse for the next several months and want to invite everyone to participate. On August 6th please join us at the Clubhouse and bring your favorite dish to share with everyone. We are particularly thrilled because Marcus has agreed to bring Oreos.



Call and let us know what you want to bring and then show up here on August 6th at 4:30pm. We hope you will join us and fill our Clubhouse!

#### Thunderbird Clubhouse Mission Statement

To build a community that offers respect and opportunities to adults living with and recovering from mental illness, enabling members to achieve their social, financial, vocational, and independent-living goals.

## August's List of Events and Socials

<b>Saturday, 2nd</b>	<b>Red Hawks Game p/u 5:00pm pay \$1.00</b>
Monday, 4th:	Housing Meeting @ 2:00pm
Tuesday 5th:	Employment/Education Meeting @ 2:00pm
Wednesday, 6th:	Program meeting 10:15 Celebration Dinner @ The Clubhouse...bring your favorite dish! <b>PLEASE SIGN UP AT THE CLUBHOUSE OR CALL US!</b>
Thursday, 7th:	Philosophy Meeting 2:00
<b>Saturday, 9th:</b>	<b>Wal-Mart p/u 8:00am</b>
Monday, 11th	Housing Meeting @ 2:00pm
Tuesday, 12th	Employment/Education Meeting @ 2:00pm <u>Thank You Event for Jonathon Nichols at 5:15</u> <u>Call the Clubhouse for details!!!</u>
Wednesday, 13th	Program meeting 10:15 <b>Board Meeting 5:30pm</b>
Thursday, 14th	Philosophy Meeting @ 2:00pm
<b>Saturday, 16th:</b>	<b>Card Making &amp; Lunch p/u 9:00-10:00</b>
Monday, 18th	Housing Meeting @ 2:00pm
Tuesday 19th	Employment/Education @ 2:00pm
Wednesday. 20th	program meeting 10:15
Thursday 21st	Philosophy meeting 2:00
<b>Saturday, 23rd:</b>	<b>\$1.50 Movies p/u 11-12:00</b>
Monday, 25th	Housing Meeting @ 2:00pm
Tuesday 26th	Employment/Education @ 2:00pm
Wednesday. 27th	program meeting 10:15
Thursday 28th	Philosophy meeting 2:00
<b>Saturday, 30th</b>	<b>Games &amp; Lunch p/u 8-9:00am</b>



To My Clubhouse Family,

I felt compelled to write a letter to you, as I have been thinking about you quite a bit lately. I have been a member for about 2 years now, and in that time I have been able to get to know you, some of you have been able to get to know me really well.

My departure for Texas is close at hand. For that, I have been considering exactly what I am leaving behind me. Being diagnosed with a mental illness four years ago was devastating for me. I don't hide who I am or what I'm going through but this is not a part of me that I feel comfortable letting everyone see. I have found trying to express what my life is like to people who live without mental illnesses is like describing what a migraine is to someone who has never had a headache. Being connected to a place that I feel understood, respected, and appreciated means the world to me. I didn't even know places like this existed.

I plan on staying in contact and being a part of the Art Collective as much as I possibly can from 3 ½ hours away. This is not good bye; it's only see you later. However I know my days are numbered, and I am not guaranteed another breath. Therefore, let me say this.

We need each other. It's easy to be guarded, and not allow people in. We need to allow ourselves to lean on others, and be there to lean on when someone else needs it.

Having a mental illness does not make us incapable of loving or being loved, being faithful or having faith, being honest or being able to handle other's honesty toward us, standing up for ourselves or standing down when we are wrong. It may be harder for us, but we can still do it.

Thank God for this clubhouse. I have traveled all over the country.

Aside from my churches, I have never seen such a level of dedication from a staff- to give of themselves, even to the point of spending their weekends and nights to the betterment and prosperity of the clubhouse and its members. The letters in j-o-b do not come close to covering what they give.

Enjoy the journey, Angel

## Camping Trip

We went camping at Lake Murray on June 11-13, 2008. It was very hot. But, Fun was had by all. There were paddle boats, pontoon rides, putt putt, horse back riding, fishing and games. The lake was beautiful, we had a dock at our campsite. The sun setting over the lake was breath taking.

### Here are some of the staff and members favorite things:

Stacy—Running around with Jim at night scaring people; Dana—Horse back riding and bedtime; Leanne—swimming and putt-putt; Donna—Pontoon boat ride; Liz—Sitting on the dock and fishing; Kelly B.—The primitive cabins; Christi—being with all my friends and the night time; Jim H.—Socializing; Mike C.—Hanging out with members and staff in a different setting outside of Clubhouse.

Debbie Ailshire—Cory took me to see my mother at the nursing home in Ardmore, Thanks Cory; Jeannie—Watching Shemica and Amanda steering the pontoon boat.

**The relationships we built were awesome!!!!**

## Thunderbird Outcomes ...



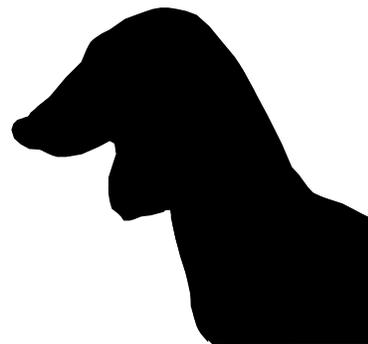
We are very excited about the work a graduate student,

Joe McElhaney, is doing with the Clubhouse. He has been working with David Moxley to develop and implement a measurement tool to evaluate the effectiveness of our Clubhouse. Joe will be implementing a survey the first part of August for all members that have participated in the Clubhouse during the last year. If you are one of these members, please contact the Clubhouse and let us know if you would like to take the survey.

In addition to this effort, we have been working on surveys as a product of outcomes training provided by United Way of Norman. We will implement these surveys to the following groups of people:

- Members
- Family of members
- Community partners

If you are one these people or groups, we would love to get your help on these as well. Contact Dana Bonnin at the Clubhouse if you are interested!



**PET SITTING IN YOUR HOME!!!**

Not a cold kennel.

Individual Loving Care.

Great Rates \* References upon Request \*

Cory

405-919-8932

## Mid-States Clubhouse Conference

**The conference this year is in Cleveland, Ohio and is sponsored by Magnolia House, along with the ICCD. We have applied for a grant to pay for our travels and registration. If we are successful we will be traveling to Ohio in September for 5 days!!**



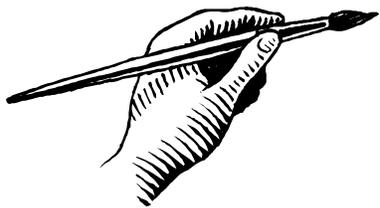
## The Collection at Winans

For all those that missed the Opening at Winans on Saturday night on the 19th. I'm here to tell you it was a warm evening not only temperature wise but the kind you have toward your fellow man or woman. Warm as in this fell's right ,yeah we should be here, I like this , and the crowd likes it too. We met at the Clubhouse at 5:00 and assembled the food tray's. Arriving at Winans about 6:00 we set up the food tray's and the sound equipment for the Poetry reading. There were last minute collections to be put in for poetry. The outside public and those invited starting arriving about 7:00 and the food started flowing on to plates and people were walking around eating and talking. A lot of pictures were taken and questions asked. We started the Poetry reading about 8:00 in the rear of the café, the place was full by then. All in all it was a lot of food and fun. It seemed to me we went for an Art collection and the Art collected the people. It was quite a mix between the old and young, men and women, and so forth. We did a good job cleaning up after so as not to leave a headache behind for the only employee on duty that night. We even tipped her well.

**By Robert Funk**

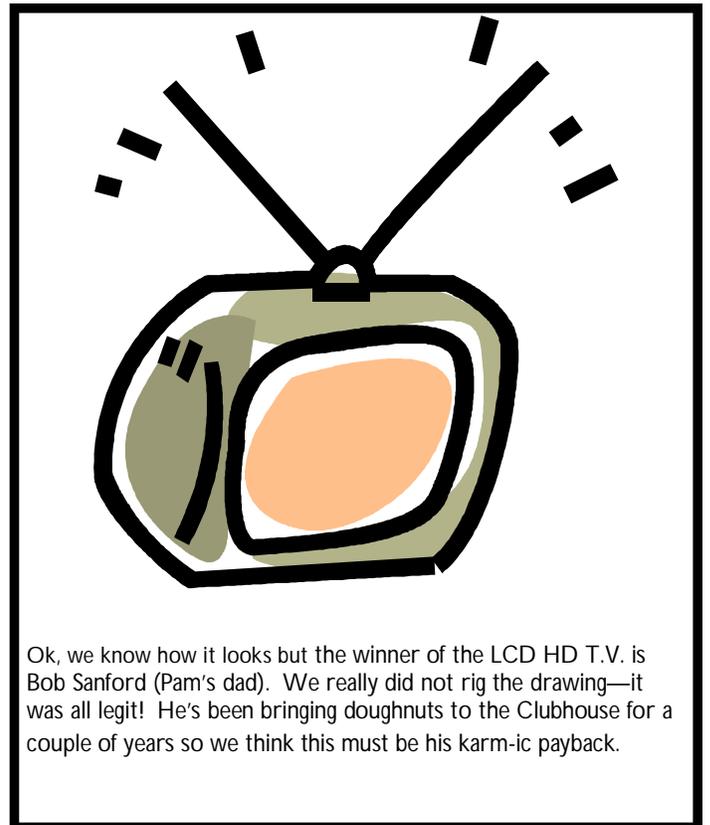
### Visit our Art Show "Eclectic Collection"

The Winan's show will be up until August 30th and we hope you will get by to see the exhibit. We also have cards, prints and books of poetry for sale. The artists and our Collective will receive 100% of the proceeds thanks to Winan's generosity. (they are not charging a commission)



Be sure and patronize  
Winan's and try some of  
the chocolate and  
coffee.

**Thank you for your  
support!**



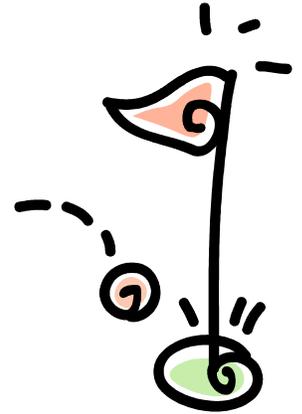
Ok, we know how it looks but the winner of the LCD HD T.V. is Bob Sanford (Pam's dad). We really did not rig the drawing—it was all legit! He's been bringing doughnuts to the Clubhouse for a couple of years so we think this must be his karm-ic payback.

### Development Committee Report

Thunderbird Clubhouse has new development committee. The following people are members of the committee: Liz Richardson, Cory Dickinson, Natalie Tindall, Lynn Kruckeberg, Leanne Brackett, Julie Barksdale and Suzanne Dunn. Our priorities are fundraising, event planning and public relations in the community. We encourage Clubhouse members and Board members to attend any meetings and to help with promoting the clubhouse as a valuable asset to Norman's community as a whole. Currently, we are planning a golf tournament for a fund raiser on November 3rd. Please watch our website for tournament registration information and forms.

Thanks,

Cory Dickinson



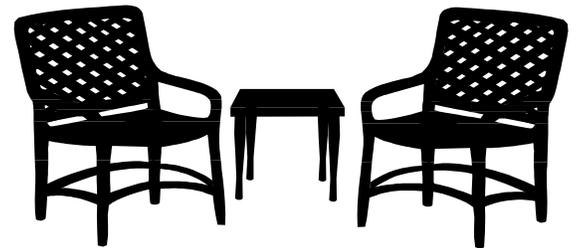
### Grant Proposal Taskforce Update

We have several grant proposals submitted for approval by the different foundations. We look forward to increasing the number of grant proposals that we have submitted in the next few weeks. For more information on grant proposals or if you have suggestions about possible grant opportunities, please contact Dana Bonnin at the Clubhouse or at [danabonnin@hotmail.com](mailto:danabonnin@hotmail.com).

### New Cars

#### Thank you Brad Smallwood!!

The first part of July the clubhouse had two cars donated to us by Brad Smallwood. They are a 2002 and a 2003 red Chrysler sea breeze. They are both sharp and very nice. I like the one with the sun roof. We were in need of some new vehicles. We want to give thanks to Brad Smallwood.



#### Were heading out back

The veranda we have deemed to be our smokers paradise has new furniture. The table is large, very sturdy and well suited for Oklahoma weather. The chairs are comfortably fitted with cushions for our softer sides. Thank you from all of us that are using the smoking area for all our needs whatever they might be have a good time in the refurbished smoking area. Thank you Gale and Lela Smith for the great donation!!!

Mike C.



### August Birthdays, 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Lovett Lee	2
3 Margie Choate; Jeremy Witten	4	5 Carol Ashton	6	7 Robert Rillema	8 Irene Jernigan; Kelly Beaulieu; Kristy Bergen	9 Barbara Ann Muir; Sam Richek; Rosemarie Herriman
10 Susana Mattathil	11	12 Eunice Wall; Craig Duncan	13 Ed Abolins	14	15 Karen Bush; Leslie Cornish	16 Anita Tanner
17	18 Greg Oliver	19 Joseph Herrin	20 Lillian Joye	21	22 Sharon Hensley; Donald Harper;	23
24	25	26	27	28 Richard Armafio; Margeret Allred	29 Leanne Brackett David Terry; Alex Razook	30 Lindsey Poteat
						31

Thunderbird Clubhouse  
PO Box 1666  
Norman, OK 73070

Non-Profit Permit #55  
U.S. Postage Paid  
Norman, Okla.

Thunderbird Clubhouse is proud to be United Way of Norman member agency.

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## CONTRIBUTIONS

Thunderbird Clubhouse gratefully accepts financial and in-kind donations. All donations are tax-deductible. Financial donations can be 'ear-marked' to benefit one of the following:

- \* General Operational
- \* Capital Campaign
- \* Social and Recreational Account
- \* Dental and Eyeglass Account for Members

To make a donation or request more information, detach this form and send it to:

Thunderbird Clubhouse, P.O. Box 1666, Norman, OK 73070

[www.thunderbirdclubhouse.org](http://www.thunderbirdclubhouse.org)

I would like to make a donation

I would like to request more information

I would like to volunteer my time

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

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