

Board of Directors

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A Dream Come True!!!

With a crowd of about 150 supporters, the Thunderbird Clubhouse Board of Directors, wearing hardhats and wielding shovels, took the first step toward the construction of our new Clubhouse facility. Steve and Barbara Owens spoke first, thanking contributors including: Sarkeys Foundation, the Kerr Foundation, Hal and Sandy Smith, the Cleveland County Bar Foundation, Cindy and Blake Virgin, Candy and Dan Rowe, Pete Wilson and Shelley Pitt and many more. One of our members, Marcus Lamb, gave a stirring speech which was enjoyed by all. We each received a hardhat to commemorate this historic event. The new Clubhouse will be approximately 6,000 square feet and house a commercial kitchen, work spaces, conference room and computer lab. We are looking forward to owning our own space. Many thanks to all the supporters and members who made this dream possible.



Annual Garage Sale/Fundraiser April 17-18

Accepting donations NOW

More on page 6...

Would you like a t-shirt, sweat-shirt, or hoodie with this logo?

See page 3 for details!



Thunderbird Clubhouse Mission Statement

To build a community that offers respect and opportunities to adults living with and recovering from mental illness, enabling members to achieve their social, financial, vocational, and independent-living goals.



February's List of Events and Socials



Saturday, 2nd: Groundhog's Day Party @ CH
p/u 8-9, \$1 Lunch

Wednesday, 6th: Program meeting 10:15
Celebration Dinner @ Golden Corral 4:30

Thursday, 7th: Philosophy Meeting 2:00

Saturday, 9th: Breakfast@ Ozzie's, p/u 8-9

Wednesday, 13th: Program meeting 10:15
Board Meeting 5:30

Thursday, 14th: Valentine's Day Party
4-6 @ Clubhouse
Philosophy Meeting 2:00

Saturday, 16th: Sooner Bowling, p/u 10-11

Wednesday 20th: Program meeting 10:15

Thursday 21st: Philosophy Meeting 2:00

Saturday 23rd: Bingo & Lunch @ Clubhouse
P/u 9-10, \$1 Lunch

Wednesday 27th: Program meeting 10:15

Thursday 28th: Employment Breakfast 8:30
Philosophy Meeting 2:00

February Birthdays	
Jason Black	2/1
Robert Funk	2/2
Patsy Jack	2/4
Shelly Sanders	2/5
Faith Sims	2/5
Dave McFarland	2/6
Ann Austin	2/8
David Allen	2/14
C.J. Stoops	2/14
Edie Owen	2/16
Cliff Foraker	2/18
Ricky Arms	2/19
David Blue	2/21
Dixie Hester	2/24
Larry Jewell	2/26
Larry Booth	2/27
Sherry Baxter	2/28
Barbara Davis	2/29



**EXTRA! EXTRA!
READ ALL ABOUT IT!
T-SHIRTS FOR SALE**

Short sleeved t-shirts	\$10.50-\$12.50
Long sleeved t-shirts	\$12.95-\$14.95
Hoodies	\$20.95-\$24.95
Sweatshirts	\$15.45-\$17.45

Please choose from Small to 3X and come by the Clubhouse and put your order in at the Bank. You have to pay in advance to get your shirt at these prices, because we have to sell 24 shirts to get these **low prices**.

TBCH Artists Collective Show

Thunderbird Clubhouse artists will be exhibiting their art at Winans Fine Chocolate and Coffee, 207 E. Main Street in Norman. The exhibit opens in July and runs through the end of August.

Searching for Access by Mike Cordial

My turn to entertain you. The Artists Collective is now in collaboration with students as well as more faculty from OU. They will be helping us present our musical, visual, and penned works of art on the internet. The OU School of Marketing will be taking ideas for our website and also finding ways of presenting our artwork on the site. We have also decided to go forward with entering the May Fair on May 2, 3, and 4th here in Norman at Andrews Park. We will also be having an exhibit at Winans Chocolate and Coffee Shop from July through August. David Moxley has started working on greeting cards that might be used to help the Collective keep money in our bank account.



Picture courtesy of Mike Cordial, Artist

Thunderbird Clubhouse Artists Collective

Groundbreaking 12-04-07

We would like to thank Steve and Barbara Owens for all their hard work and dedication to making our dream of a new Clubhouse come true!



Pictured on the left, wearing hard-hats, are Clubhouse members Marcus Lamb and Angel Vick. Marcus gave an awesome and inspiring speech at the groundbreaking ceremony.

On the right, are Pam Sanford, Steve Owens and Senator John Sparks.



Blujay's Poetry Corner

all i can see is you in the arms of mine
 2 spirits intertwined greatly ignorant of the fact of time
 lost in the moment silver tears ring true
 as the tears soak my collar my eyes turn to yours
 falling precious silver as the rain pours
 lost in the wrapping of our brown eyes in my mind
 in this life there are those who cannot see
 have no right to speak have no right to know
 but in the silence with your precious silver tears
 when all that matters is me wiping away your fears
 but always and forever love makes us ring anew
 in the temulency of our love, our friendship, and trust
 in the drama of our lives remain lost in the musk
 in the truth of our love remains strong as it must
 your silver tears make me overcome my lust all the dream-born glee in our lives come true as we slip into a
 sleep bordered in a silver hue and as we dance in the clouds all your tears fade away
 in this life we are the ones who can see have a right to speak have a right to know but in the clouds in a sil-
 very raze
 as your tears drop down as silvery rain

Mason Jay Burkhalter

Where Everybody Knows Your Name...

I imagine coming to a place where everybody carries a smile and it is aimed at you. You are in a place where you can give back to them and smile back - you can't help it, they are contagious! Everybody in this kind of place knows your name, they like you for who you are, and they rely on your presence. Everybody in society needs a place like this, but most importantly, they need you. This kind of place exists. And I am not delusional...

At the Thunderbird Clubhouse, I belong to such a place. Now that I belong to a place that I am not treated as a person with mental illness, you will not know about my mental illness, either, because I have learned to function in an atmosphere where I am accepted for who I am. And now that I know how to work with the confidence I have gained from the clubhouse, I can use it constructively for myself and the rest of society. So be prepared world - I am on my way and I'm here to stay!

Tera C.

Sweeny Todd

By Marcus (the Movie Man) Lamb

Sweeny Todd is a bloody movie. People, mostly men who need a shave, die in living, throat-slit color. But, beyond that, Sweeny Todd is a tragic story of revenge gone wrong where almost everyone gets what's coming to him.

In the beginning Johnny Depp plays a man who is stripped of his wife and young daughter by a crooked judge Turpin, Allen Rickman. After years in exile, Depp's character returns to London to find Turpin still in power and doing well. Depp must disguise his name and identity, so he creates a name.

He becomes Sweeny Todd—the barber of Fleet Street. Sweeny Todd soon meets Mrs. Lovett, Helena Bonham Carter, who owns a meat pie shop in a thriving part of London. This shop sits below the second floor where Sweeny Todd used to live with his wife and daughter. Soon Mrs. Lovett and Sweeny become good friends, and Mrs. Lovett lets Sweeny have the second floor for his barber shop.

Then things become interesting. Mrs. Lovett and Sweeny go out to see the city. In the course of this outing, they encounter the Great Pirelli, a barber of sorts who sells hair potion on the streets of London; whereby, Sweeny challenges Pirelli to a shave off. The first to shave his customer with the smoothest and swiftest shave wins the bet. Sweeny wins hands down.

In a short time, the great Pirelli enters Sweeny Todd's barber shop and threatens to uncover Todd's identity if Todd doesn't pay one-half of his earnings to him. This angers Sweeny; thus, he kills the Great Pirelli by beating him and cutting his throat. When trying to dispose of the body, Sweeny, with the help of Mrs. Lovett, decides that they should grind up the body and use the remains as the chief ingredient for Mr. Lovett's meat pies. This notion catches on, and since Mrs. Lovett needs a constant supply of meat for her pies, Sweeny decides to provide her with fresh meat on a daily basis.

Therefore, Sweeny Todd becomes the "Demon Barber of Fleet Street." He kills almost indiscriminately. He also begins killing out of revenge—luring "deserving" victims into his chair. Eventually, however, Sweeny pays the price. He meets his own razor in the end.

Sweeny Todd, based on Steven Sondheim's musical, is a great show.

My Heart For a Cork

All the wolf whistle
 For a dimenote bag
 Couldn't bury my sands
 Dear lady of the blue
 So i come to you
 On bended knees
 Begging for the beggars
 Another blending
 Than just stomp and death
 A Chaucer rattle
 Or a baby's breath
 Something to swing on
 A hope like love
 Or a winded tunnel
 Where I can find the food
 On paisley days
 In full shadow

David Terry



Free tax help will be available all over the state beginning February 1st- April 15th. The Norman Public Library and the Norman Senior Citizens Center are the two Norman locations.

Call 405-321-1481 or go to www.aarp.org/states/ok/ for more information.



Annual Garage Sale Fundraiser for Camping Trip April 17 & 18

Thunderbird Clubhouse is hoping to raise enough funds to go camping at Lake Murray this June. Last year, our garage sale profits were approximately \$2,000 which is close to what our camping trip will cost.

So, clean out your garages and attics and bring us your treasures!

Churches tell your fellowship! Friends of the Clubhouse tell your friends, family and neighbors! We will be accepting donations February through April and items may be dropped off at Clubhouse. Desired Items:

Furniture

Housewares

Home Décor

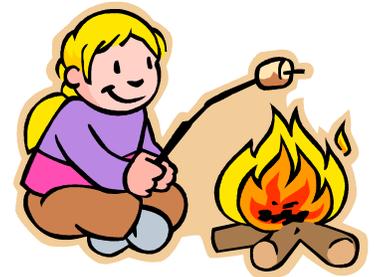
Toys

Electronics

Baby Items

Athletic Equipment

Jewelry



Manic

'Tis not the heaviness of the day's events.
'Tis not the knowledge of mistakes long past.
Tho' 'tis simply the thoughts of the semi-conscious mind,
When Life seems running full tilt.

Spinning out of control, these mind-games blaze,
Thrusting all sane consideration from consciousness.
Trapt' in the spinning, the mind cannot rest,
For the incessant chatter frustrates even the most centered yogi.

Such is the life of the thinker.
Not helpt' is he by his eternal cerebration.
Others less loving think him daft.
Still he striveth for poise.

Hello My Name Is

Hello everyone! It's good to be with Thunderbird Clubhouse! My name is Linn Kruckeberg and I am one of the new interns this semester. A little bit about myself: I am 23 years old and was born and raised in Ponca City, Oklahoma. I am currently in my last semester of my graduate work at the University of Oklahoma. I plan to graduate at the end of this semester with my Master's degree in Social Work. In my spare time, I enjoy hanging out with friends, watching a lot of trashy TV, and doing Tae Bo. I also work at Outback Steakhouse in Norman as a bartender. Everyone in the Clubhouse has been wonderful helping me get started and teaching me how everything works. I am really looking forward to spending time in the Clubhouse and among Clubhouse friends!

TBCH 6th Annual "Petacular" Pet Show

Saturday, July 26, 2008

More Details Soon...



Kitchen Unit News



The Kitchen Unit would like to welcome new members Melissa, Rick, Jerome and Cameron! In addition, we have an intern, Joanna from ECU, working in the kitchen this semester. Joanna is majoring in Social Work and will be with Clubhouse for the next several months.

What's up with the Kitchen Unit? Well, the unit is glad the Holidays are over but it sure was nice seeing everyone again. And although things have slowed down a bit, everyone is excited about all the upcoming events...

~ **Valentine's Day Party** ~ **Groundhog Day Party**
 ~ ~ **Garage Sale** ~ **Camping Trip** ~ **Pet Show** ~

And last, **but certainly not least**, everyone is really excited about getting started on building our new Clubhouse!

'Til Next Time,, The K Unit

Hello Everyone,



Hi, I'm Joanna Schmidt, an intern at Clubhouse for this semester. I'm a Social Work student at East Central University, ECU, in Ada, OK. We actually cover the Clubhouse Model as part of our course curriculum, which gives me a little heads up on my knowledge of Clubhouse. Also, I'm hoping to start on my Masters in Social Work at OU next semester and am anxiously waiting to hear if I've been accepted.

Currently I'm in the Kitchen Unit and enjoying it, but will also be working in the Clerical Unit this semester. Thanks to everyone for being so welcoming!

~ Joanna

Thunderbird Clubhouse
PO Box 1666
Norman, OK 73070

Non-Profit
U.S. Postage Paid
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Permit #55

Thunderbird Clubhouse is proud to be United Way of Norman member agency.

CONTRIBUTIONS

Thunderbird Clubhouse gratefully accepts financial and in-kind donations. All donations are tax-deductible. Financial donations can be 'ear-marked' to benefit one of the following:

- * General Operational
- * Capital Campaign
- * Social and Recreational Account
- * Dental and Eyeglass Account for Members

To make a donation or request more information, detach this form and send it to:

Thunderbird Clubhouse, P.O. Box 1666, Norman, OK 73070

www.thunderbirdclubhouse.org

I would like to make a donation

I would like to request more information

I would like to volunteer my time

Name: _____

Address: _____

Phone: _____