



Thunderbird Clubhouse News 2009

October Newsletter

1251 Triad Village Dr. Norman, OK 73071

405-321-7331

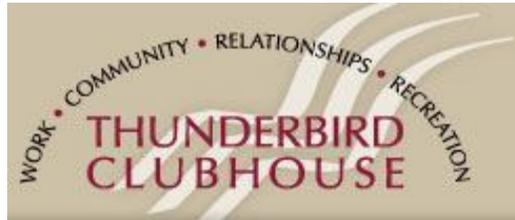
www.thunderbirdclubhouse.org

info@thunderbirdclubhouse.org

Board of Directors

2009-2010

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GRAND OPENING
Tuesday, October 20, 2009
4:00 PM

1251 Triad Village Dr.
Norman, OK
(405) 321-7331

*Please join us for an evening of
 celebration in honor of our new clubhouse!*

We would like to share our Clubhouse with you. Please come to the Grand Opening and listen to our distinguished speakers among whom will be Steve Owens, our driving force. There will be tours given, and the philosophy of the Clubhouse will be explained on the tours. Coach's will be catering the food for us, so you know it will be good! Among the celebrating, we will be praising those who have helped, donated, &/or contributed to our new Clubhouse. We have appreciated it. Thank you.

Our 2nd Annual Golf Tournament !

We raised nearly \$15,000.00! The event was a big hit this year. We thank all our sponsors and contributors in this event! Steve Owens was our honorary chair again this year, and we had a bigger turnout than last year! The whistle blew and the golfers started hitting golf balls. Raisin' Cain's Chicken came in first place! All in all, a good time was had by everyone. The Trail's Golf Course was the setting and the weather was spectacular! Ray Burris showed up to sign hats and baseballs. Joe Washington, Tinker Owens and Steve Owens were other celebrities attending. The Thunderbird Clubhouse wishes to thank everyone that attends our functions for their continued support!

Pictured from left to right Tinker and Steve Owens.



Thunderbird Clubhouse Mission Statement

To build a community that offers respect and opportunities to adults living with and recovering from mental illness, enabling members to achieve their social, financial, vocational, and independent-living goals.

***Appilistic* Data Base in the Clerical Unit**

We have started using something called *Appilistic* here in the clerical unit. It is a database full of statistics concerning our members' demographics, attendance, and goals. Members input data into *Appilistic* every day which gives us our statistic sheets at the end of every month. It is designed specifically for Clubhouses, and many Clubhouses use it. A man named Jeff Lander from Maryland invented it. We started this in June and already it is paying off. By keeping this database updated, we can easily gather the statistics we need for auditing and fund development purposes.

Christi

3-Week Training

We have sent a staff colleague and a colleague to South Carolina for 3-week training starting in mid September. This is a great opportunity to collect new ideas and information to bring back into the Clubhouse. For those who do not know, three week training is an intense Clubhouse philosophy immersion where the colleague and staff colleague attend multiple workshops, lectures, and meetings about Clubhouse. It is also a time for colleagues to meet and interact with other colleagues around the world. Each colleague shares their ideas and Clubhouse knowledge so that other colleagues can take the ideas back home to better their Clubhouse. With the accomplishment of our new building,, it will be great to utilize the new ideas.



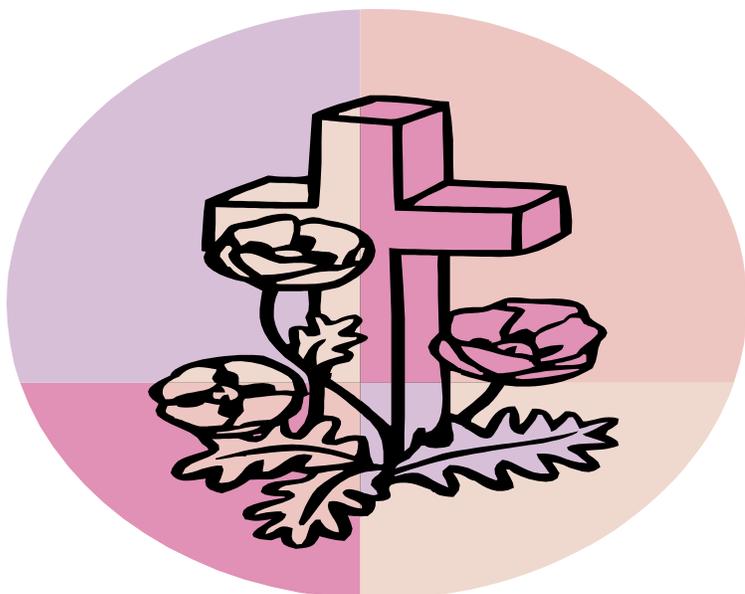
In Memory Of

Margaret Allred and Myron Magee are two members that have recently passed away.

A memorial service was held for each of them. The services were beautiful and illuminated the lives of these wonderful people.

We remember Margaret as someone who was always smiling while we remember Myron as colorful and energetic. We will miss them!

The Colleagues at TBCH



Hopes For The New Clubhouse

With great anticipation, we have moved into a much nicer and larger Clubhouse. This has brought about opportunities to our Clubhouse community. One such opportunity has been to grow in membership, another has been to have larger working areas. A new commercial kitchen will allow up to 10 people to work comfortably at a salad station, food prep station, dessert prep station, dishwashing and oven/grill activities. The new dining hall allows 50 people to be seated comfortably with the option of having fun parties and wild holiday dances. The new snack bar is a force to be reckoned with for any competitors in this wonderful Norman community. The snack bar is complete with coffee, soda fountain, snacks, and smiling faces that provide excellent service.

In addition to the new and improved Kitchen Unit, the Clerical Unit has a few fancy things. The finance office now has a teller window, and the computer lab has a flurry of activity with our new data entry systems and our numerous data entry colleagues at our new computers. Offices are plentiful to organize the work of the day, and we have a luxurious conference room for board meetings and such. The granite tile bathrooms are lavish and can be found in two places in the Clubhouse. What a change from our previous bathroom situation!

We are just so thankful and grateful for our new Clubhouse. We would again like to thank our contributors including Steve and Barbara Owens, Sarkey's Foundation, and the Kerr Foundation.

The Happy Colleagues at TBCH

Artists Collective Showing at Dreamers Gallery

The Dreamer Art Gallery furnished its gallery with works from the Thunderbird Artist Collective. The reception was held on September 11th from 6pm-10pm. Several artists were there and members also. The Artists Collective provided refreshments and finger food for the reception, which also included music and poetry readings on the backstage. Many people came to view our art and listen to our poets, singers, and musicians. Jason Barnes attended and responds, "it was a pretty cool experience. I like to keep taking part in the Artists Collective. It's kind of different than talking in front of church." Jason read two pieces of poetry. The artists thank all of those who attended and made it possible.

Michael Cordial



Based in Norman, Oklahoma, the Thunderbird Artists Collective, is dedicated to the advancement of the arts in the state of Oklahoma and beyond. An affiliate of the Thunderbird Clubhouse, the collective supports emerging artists, fosters collaborations, and professional development of member artists, and champions innovation in the arts. Follow the links to get to know each of the artists, and take a look at some of their featured pieces. The Artists Collective, as well as Thunderbird Clubhouse, appreciate your support.

Enter Donna Lee

Donna Lee came to the Clubhouse by being out in her front yard one day as Pam Sanford past by and they spoke and Pam offered her a position at Thunderbird Clubhouse. Donna says she has been here ever since and that was six years ago. She says, "I think the thing that impresses me everyday is how smart all the colleagues are." Donna also says, "I think being a part of Clubhouse has given me a compassion for people who have struggled for some many years of their lives."

Thanks, Karen Bush

It's been a few years since I have come to Thunderbird Clubhouse. Part of the reason was because my meds were messed up. I'm doing better now. During the last few years I received a monthly newsletter and phone call from Karen. Karen would call me about once a week to tell me what was going on and inviting me to come back to the clubhouse. Most of the time she would leave me messages on my answering machine. When I would play her message, I would always smile and think, "I really ought to try to go back." The day finally came that I felt well enough to go to the clubhouse. That was last week, and I've been going almost every day since then. It didn't take long before I felt like I belonged there. I would like to invite all the non-attending members to come back. It won't take long for you to feel comfortable and make new friends.

Barbara Davis

Everett's Story

Everett became a colleague after he moved to Norman and met Pam at a meeting and that is when Pam introduced him to TBCH. Since then Everett says he "has led a good life, gotten rid of his bad friends and has been happier." Everett says "that the Clubhouse has helped me come out of depression and helped me learn the art of giving instead of receiving all of the time."

He enjoys being around people of all walks of life and TBCH gives Everett that chance. Everett says, "Clubhouse gives you the chance to express yourself." Everett says, "Clubhouse is a place that is and was long over due, it should have been here along time ago."

Kitchen Unit Report

We love our new kitchen. It is so big with so much room to move around in. Our dining room is so big, and I can't wait until we have our first big dance. The laundry room is a great addition, so that we may do our laundry ourselves and not have to go to the Laundromat. The snack bar is awesome. And it is great having two bathrooms. The smoking area is great, though it could use a few more chairs. All in all, I approve of our new clubhouse.

Vera Masters

In Memory of a Colleague Passing

As a colleague of TBCH Rodney was a fun loving, intelligent, sensitive, laid back, gentle, kind, and easy to talk to person. He was a great artist and his medium was paint. All kinds of paint. He never sold a picture. Not because he couldn't, but because he said his painting was a gift to him and that he shouldn't charge for it.

I think Rodney had something to offer everyone he came into contact with. I know that he had his own worries, everyone does, but he never complained. That is what made Rodney the person he was. His art, his intelligence, his well roundedness and his beliefs made the Rodney we all knew and liked or loved.

He will be sorely missed and we shall cherish his memory. With every passing day or month. Who wouldn't? Rodney was just a likable guy. We love you Rodney, Rest In Peace!

Clubhouse Poetry

I appreciate anything and everything, the people of T-Bird Clubhouse dishes out, staff or members, the things received or given, are cherished more than the experience is lived. Words are just words, the meaning portrayed behind the word is what makes me cry from within outward. The chicken scratch, whatever it is, what drives this world one way or another. What makes jam so good is not all the jar has in it, but one piece of good fruit in it as a whole.

Anonymous

Search within yourself. Go deep into the archives of the library to which there is very little occupancy. Look for the book entitled, "Destiny," and for it you will find most of this book isn't written yet. So, therefore the structure of your life has been laid or is in the works, so on which you can stand and walk on the floors or the road that leads you on your journey to revealing the destiny set before you and the map you must follow to ensure that stature shall follow you in preparation to greatness, and happiness the rest of your life.

Truth is the start to this journey to unlocking the door to the future meant to you before birth.

Jason Barnes



Our executive director at her best! (left) Pam



Like out of the blue Olga came as a young social worker intern to the Clubhouse from, Russia "with love." Great fun was achieved on her behalf and ours as well, as in her social work endeavors. She felt welcomed and accepted with a little curiosity. I like her sense of responsibility. She always made sure that things were being taken care of by means I could only see and a dream of understanding. We hope she writes to us sometimes, and maybe even gives us a phone call, I will be waiting to hear from one of my girly colleagues.

Michael Cordial

Recertification Visit

As we have moved into our new building we love to show it off and show it off we will when we have our recertification visit. The folks from International Center for Clubhouse Development (ICCD) will be here to look at our Clubhouse. They will put us to the test and more to make sure we fit the bill of a real ICCD Clubhouse. First and foremost we hope we have made the improvements that they suggested at our last certification visit. One of them was to improve our Clubhouse, and that we have!

Day of Caring

On the Day of Caring volunteers from First Bank and Trust came to Thunderbird Clubhouse and helped us do odd jobs that we needed help with, such as cleaning out our old Clubhouse and planting pansies in front of our new Clubhouse. They even helped a colleague of ours that is unsighted to plant several pansies herself. That is how heartfelt and conscientious they all were on that day. We would like to thank everyone that was involved especially Kathy Marley, Tara Dickinson, Michaela Mesa, Craig Heaton, and Alice Lundstrom from First Bank and Trust.

What decides on what makes a man far from ordinary, is it wealth, wisdom or the words spoken by whom that intrigues.

The stature of truthful living displaces all that consumes the very essence of compassion that drives me insane

The only thing that keeps me sober is dabbling in that which creates the ultimate high in turn might be the one thing that kills me, the poison that I thrive and is unknown even by my standards

P.S. Carefully chosen, but not diluted. Anonymous

Socials and Events

Every Week

Tuesdays: Grant proposal Task Force Meetings @ 3:00

Wednesdays: Program Meetings @ 10:30

Wednesdays: Dinner @ 4:30

Thursdays: Philosophy Meeting @ 2:00

For the month

10/3 Value Foods P/U@ 8-9

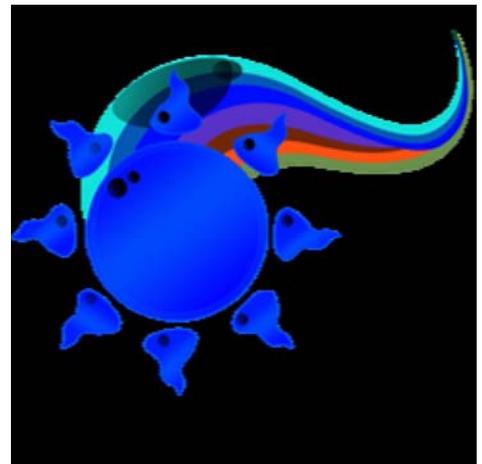
10/10 Lunch and Games @ the Clubhouse P/U@ 8-9

10-17 Movies \$3 P/U @11-12

10/24 Lunch and Games @ the Clubhouse P/U@ 8-9

10/31 Halloween Party @ Clubhouse 6-9 P/U @4-5

**We would like to welcome our new colleagues
To join us during our social events as well as
our established colleagues. Thank you!
Your attendance is appreciated and noticed.**



Thunderbird Clubhouse
PO Box 1666
Norman, OK 73070

Non-Profit Permit #55
U.S. Postage Paid
Norman, Okla.

Thunderbird Clubhouse is proud to be United Way of Norman member agency.

CONTRIBUTIONS

Thunderbird Clubhouse gratefully accepts financial and in-kind donations. All donations are tax-deductible. Financial donations can be 'ear-marked' to benefit one of the following:

- * General Operational
- * Capital Campaign
- * Social and Recreational Account
- * Dental and Eyeglass Account for Members

To make a donation or request more information, detach this form and send it to:

Thunderbird Clubhouse, P.O. Box 1666, Norman, OK 73070

www.thunderbirdclubhouse.org

I would like to make a donation

I would like to request more information

I would like to volunteer my time

Name: _____

Address: _____

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