



Thunderbird Clubhouse News

June 2009 Newsletter

531 E. Main Street, Norman, OK 73071

405-321-7331

www.thunderbirdclubhouse.org

info@thunderbirdclubhouse.org

Board of Directors

2008-2009

David Moxley– Pres.
 Joyce Green– V.P.
 Philip Holden-Moses– Sec.
 Andy Sherrer– Treasurer
 Jeannie Baker
 Cory Dickinson
 Suzanne Dunn
 Kris Glenn
 Mike Isaac
 Charlotte Kendrick
 Rick Medcalf
 Blake Virgin
 Christi Wilson

THE NEW BUILDING REPORT

Our new building is coming along quickly! The rock and brick are done; the sheetrock is up and being taped and bedded. We have chosen tile and carpet. Needless to say all the plumbing and electrical work is done and we even have our high dollar hood for our commercial range. There are lots of decisions we have made and still need to be made. One thing that is exciting is that each work space/room will have a French style door so that it will have a more open feel. The conference room will have a board that will double as a white board and projection screen. We even have a separate snack bar space that will have a dishwasher, carbonated drink dispenser and microwave. The computer room will be furnished with at least 5 brand new Dell computers.

We are working with Copelin's to determine what furniture we need and how we will arrange it. Our goal is to have all new, matching chairs and work tables in the units. We do not want to use desks because they allow only one person to be at them at one time and we want to promote lots of teamwork. Work tables will allow several people to sit there at once and work on projects together— more in keeping with Clubhouse philosophy.

Front of building pictured below.
 The white areas will be moss green and there will be lots of landscaping!

One last thing, due to the inevitable challenges, we have pushed the completion date back to mid-August. That is fine with us because it gives us a bit more time to prepare. Precision, Tim and Bo are doing fantastic work and we want them to have all the time they need to do it right!



Thunderbird Clubhouse Mission Statement

To build a community that offers respect and opportunities to adults living with and recovering from mental illness, enabling members to achieve their social, financial, vocational, and independent-living goals.

A BIG THANK YOU TO DENISE AND BRAD SMALLWOOD

The Clubhouse would like to give a heartfelt thank you to Denise and Brad Smallwood. The Smallwood's donated a side of a cow (moo) to the Clubhouse on May 15th. We would also like to say thank you further for past contributions and donations to Thunderbird Clubhouse, you have made a difference in our lives by doing what you do for us! Once again thank you to the Smallwood's!

Clubhouse Members and Staff

Steve and Billy

Steve Owens and Billy Simms came to the Clubhouse May 15th. Billy Simms contributed a check from the Heisman Foundation for \$5000.00. This money will go into our capital fund. I just thought some of you might be interested to know that bit of information. Anyway they were here for about an hour and left. We relish their time, though they are very busy people with a lot to do.

Clubhouse



From the Clerical Unit

Hello from the clerical unit! We have been really busy these last three months. We are currently updating our referral and orientation process to better meet the needs of new and prospective members. We've had seven new members introduced into our unit in the last three months. We appreciate the assets these new members bring as well as celebrate the strengths our experienced members have. Additionally, we have updated our donor database which was not an easy task! Besides that, we've kept busy doing daily and monthly tasks of banking, computer work, billing, and statistics for grant writing.

Leanne Brackett

FINDERS KEEPERS

Hello. My name is Harold Davis. I like to find things. I've found some really great stuff around town when I go out to look for cans. I've found two 20 dollar bills, one 5 dollar bill, two one dollar bills, and a whole bunch of change. In addition, I've found a bag of jewelry, a bunch of pens, a salt shaker with money in it, two boom boxes, and a television set. Sometimes, I take the items to the pawn shop and get money for them. One time, I even found a laptop computer and my friend at Pita Pit fixed it so it is in great working condition! Thanks to Brad at Pita Pit for helping me!



By Harold Davis

MARK THE DATE FOR THE 2ND ANNUAL GOLF TOURNEY

Ok, be sure to get those pens and pencils out and mark those calendars!

The Second Annual golf tournament is Monday, September 28th, 2009.

Be sure to sign up early - the earlier the better- we plan on a sell-out this year, after last year's showing and that was just the first year.

Christi Wilson



Changing of the Seasons...

These changes are exciting and promise to expand opportunities to Clubhouse colleagues in the future. These are just some of the new and exiting opportunities at Thunderbird Clubhouse. As spring turns into summer, I am amazed at how quickly this year is going by. It is already May and I'm having a hard time keeping up with all the changes. I just wanted to write a short note highlighting some of the things going on at Thunderbird Clubhouse that many of you might not be aware of. First, our new building is coming along quickly and before you know it we will be moving in. That is exciting since this project has been in the works for several years. Second, the grant writing taskforce is as busy as ever working diligently to fund what we do. Third, a research project called Voices of Recovery will soon be started and I am excited to be a part of this project. We presented a proposal for this Voices of Recovery project at the last philosophy meeting, and we received an excellent response from colleagues that were present. If you weren't able to attend the philosophy meeting, Dr. Moxley, Herman and I would be willing to give another presentation at a later date. If you have questions about this project and would like more information please contact Dana Bonnin at the Clubhouse or at her email address: danabonnin70@yahoo.com Clubhouse.

Dana Bonnin, MSSW

Research and Evaluation Coordinator

My name is Jim Hyde. I have been attending Clubhouse for a long time. Recently I got a Transitional Employment job through the Clubhouse working at The Pioneer Library System. My job is to tag and check in books to go out to the different libraries. I have always wanted a job working with books. I get to see all the new books that come into the library and I can check them out. The staff there are really nice to me. My job is kind of repetitive, but I do not have to sit at my desk all the time. I get to put the books in the different tubs we have to be delivered to all the libraries in the system. I also get to help unload the truck which delivers books every Friday. I have plenty of work to do, and I will continue to. They liked me so much that they asked me to work there permanently. I have transitioned into Supported Employment with this job. I work twenty hours a week. Thank you Clubhouse for getting me this job.

Jim Hyde

My name is Debra Hunter. I own a internet radio station .
KRRC-FM THE PLANET .

I will be doing PSAs for the Clubhouse on all activities.

My website is www.debrafm.net

ALSO stickam.com/debra8284

Studio 405-225-7681 cell 512-923-8783



IMPORTANT!

WEDNESDAY NIGHT DINNER HAS CHANGED TO MONDAYS

Beginning in June Wednesday night
dinner has changed to Mondays.

We are doing this to better facilitate the NAMI Connections group that will be held on Monday nights from 6 pm—7: 30 at the Clubhouse at our current Main St. location. This group is for consumers only, which is anyone with a diagnosed mental illness. So come on and see what it is all about!

NEW PEOPLE IN THE HOUSE!

Over the last three months we have had 9 people join the Clubhouse since March and during May. Their names are Deborah, Andrew, Greg, Parker, Randy, Rick, Tacy, Geoff, and Rebecca. We are glad to welcome them to Clubhouse, so please join us in welcoming them and stop by!

Christi

DEALING WITHOUT AIR CONDITIONING

The Clubhouse air conditioning broke down this month. The kitchen unit had to modify their menu from hot chili to cold sandwiches and ice cream. YUM FOR THE ICE CREAM!! The Clubhouse also had to ventilate the Clubhouse with fans and open doors. We look forward to the faithful Jerry Skinner with his expertise in the heat and air business.

The Kitchen Unit

EMPLOYMENT

Since I've been coming to the Clubhouse a little over 2 years and I have worked 25 months at 3 T.E. jobs. My first job was at OU Couch Cafeteria as a food supplier/server. My next job was at Norman Regional Hospital as a dishwasher. I had that job for 1 year. My last job was at our new T.E. over at Homeland as a Courtesy Clerk. I held my job for 9 months and helped job coach new T.E. positions.

I'm very proud of myself because I have finished out the T.E. jobs without giving up. If you give up on yourself, you're not helping with your recovery. I'm currently working in the Clubhouse with assisting employment to help find new T.E. jobs. I feel it's real important to me to help with it because working out in the community has really helped me build my confidence. If you have any ideas about jobs, please call Liz at 642-2000 or Jeannie at 321-7331.

Jeannie B.

FINAL ON THE PET SHOW

The Pet-acular raised a total of \$2,500 the best ever !!

We made more than we ever have before. The theme was the luau. There was a tiki hut, leis, and t-shirts.

Not to mention all of the pets. There was also a K-9 unit there as well. We also had agility dogs there. Fun was had by all.

Christi

Here is a picture of Cory with a dog at the pet show (right)



MY EXPERIENCE WITH THE ARTISTS COLLECTIVE

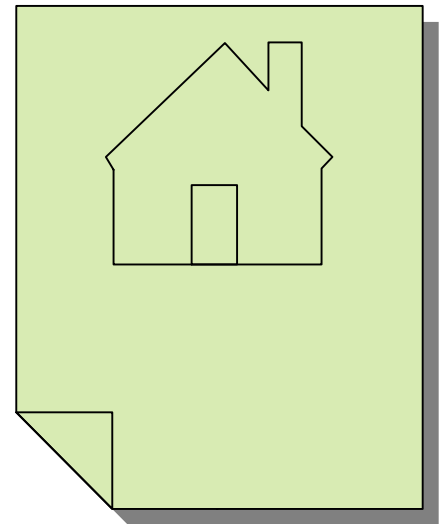
Well, it started off as a project close to December of 2008, when Noah and I decided to start recording together. I was already in the artist collective group, when Noah and I started our band together. Noah had this great idea to put our songs on My Space. I made CD's and handed them out to many people and intruded many other folks to our web page on My Space , this site is called The Crowd At Dexter's Theater.

Pam, Donna and many others started becoming interested in what we were doing , so Pam in return asked us to perform in certain instances for the Clubhouse and we have been asked to perform return performances. We love what we're doing!! YEAH MAN! Thanks TBCH!

Darin Vincent

EUFAULA HOUSE!!!

Finally there is a tenant in the Eufaula house... ME, Mason B. and for those who have been following the house on its journey, it is almost complete. I'm attempting to be the poster child of the house, and a model citizen of the Clubhouse, so give me some hope and blessings on this first major accomplishment that I am taking underway. So yeah people, its amazing, the perfect bachelor pad!



Also I'd like to note the Clubhouse staff and not to mention team Eufaula, They need to get some kudos for their hard work. As well as myself for not being a pig like I usually am. So everyone cheer for me as I'm finally on the road to success in my personal life.

Also I'd like to thank Everett especially for figuring out how to fit the couch in my door.

And everybody that was key in playing a part in the Eufaula house!

Mason

June Socials and Events

June 1st - NAMI Connection Recovery Meeting at 6pm

June 3rd - Celebration Dinner at 4:30pm \$5.00 at Golden Corral

June 6th - Bowling \$2.50 p/u 9a-10am

June 8th - NAMI Connection Recovery Meeting 6pm

June 9th - Artist Collective Meeting at 10am
Development Committee Meeting at the Trails 1:00pm

June 13th - June Bug Jam at the Sooner Theater 7:00pm p/u 6pm-7:00pm

June 17th - Housing Meeting at 3:00pm / Board Meeting at 5:30pm

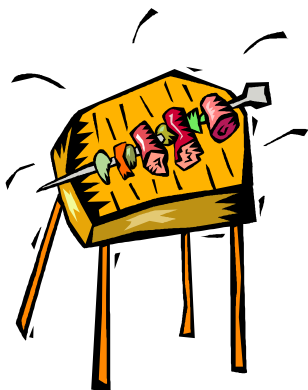
June 20th - Lake Thunderbird Cookout p/u 7am-8am

June 22nd - NAMI Connection Recovery Meeting 6pm

June 25th - Employment Meeting at 3pm

June 27th - Bingo p/u 9am-10am

June 29th - NAMI Connection Recovery Meeting at 6pm



Thunderbird Clubhouse
PO Box 1666
Norman, OK 73070

Non-Profit Permit #55
U.S. Postage Paid
Norman, Okla.

Thunderbird Clubhouse is proud to be United Way of Norman member agency.

CONTRIBUTIONS

Thunderbird Clubhouse gratefully accepts financial and in-kind donations. All donations are tax-deductible. Financial donations can be 'ear-marked' to benefit one of the following:

- * General Operational
- * Capital Campaign
- * Social and Recreational Account
- * Dental and Eyeglass Account for Members

To make a donation or request more information, detach this form and send it to:

Thunderbird Clubhouse, P.O. Box 1666, Norman, OK 73070

www.thunderbirdclubhouse.org

I would like to make a donation

I would like to request more information

I would like to volunteer my time

Name: _____

Address: _____

Phone: _____
