





### March's List of Events/Socials

- Saturday, 3rd:** Value Foods  
P/U 8-9am
- Wednesday, 7th:** Program meeting 10:15  
Celebration Dinner @ Couch Cafeteria
- Saturday, 10th:** Dollar Movies, P/U around 11am
- Wednesday, 14th:** Program meeting 10:15  
Board Meeting 5:30
- Saturday, 17th:** St. Patrick's Day Lunch at Clubhouse  
P/U 9-10am
- Wednesday, 21st:** Program meeting 10:15  
Housing meeting 3:00
- Saturday, 24th:** Cook-out at Clubhouse  
P/U 9-10am
- Wednesday, 28th:** Program meeting 10:15
- Saturday, 31st:** Medieval Fair  
P/U 8-9

### March Birthdays

Josephine R.	3/2	Jim H.	3/18
Angelina V.	3/3	Connie O.	3/19
Susie H.	3/4	Christine D.	3/21
Ricky M.	3/4	Kenneth F.	3/21
Cory D.	3/6	Jeannie B.	3/23
Karen D.	3/7	Shantel P.	3/24
Sydney E.	3/8	Christopher W.	3/26
Tracy W.	3/15	William S.	3/26
Kathy H.	3/15	Matthew M.	3/30
Edward M.	3/15	Diane M.	3/30







### Computer Classes Have Begun!

Five of us from the Clubhouse went to the Norman Public Library. We were taught to use Excel on the computer. They have a computer lab at the Norman Library and they have teachers to teach the individual classes. It is a great resource for our community and I only wish that more people knew about it. We plan on using this resource some more. It has been of great benefit for us in the past and will be in the future. Thank you to the computer lab and it's employees for everything you have given and done for Thunderbird Clubhouse.

Christi W.

### **PUTTING OUR BEST FEET FORWARD STEP BY STEP BY STEP BY STEP...**



The weather has been bad, and we have gotten out of our walking routine. However everyone is up for walking again for our health. The meals in the kitchen have been a lot healthier. This has been a good program overall for all of us, here at Clubhouse. So far we have walked 194 miles!!!!

By Karen H.

### My New Job

I started a new job on February 19th working at OU on the serving line. I'm so very happy about my new job and proud of the Clubhouse. I'm very grateful for everyone there because if it wasn't for the Clubhouse, I could not do it on my own. I feel that the Clubhouse is a very good and special place for me to be. It's my home away from home. I've been at the Clubhouse for about 1 month now and I'm really enjoying it because I've made a lot of new friends with the members as well as the staff. The thing I like the most about the Clubhouse is being with everyone and just socializing. I'm always wanting to help everyone out with things like typing, banking (etc.). I find myself a very hard worker and with the help of the Clubhouse, I can be more independent for myself. My goal is to be able to hold down a job to where I can make it without having to depend on Social Security and to be able to take care of myself first then be able to take care of my 2 sons by myself along with being stable. Clubhouse, I want to tell you THANK YOU for everything you have done for me since I've been here. I love you all very much.

Jeannie B.





### Clerical Report

The clerical unit has been busy rearranging the unit furniture. The unit has been full of activity with all the garage sale items being donated. A special thanks to John, Mike, Don, and the other strong guys and gals at the clubhouse who've helped move the garage sale items to storage and have helped keep the clerical unit clutter free.



We've received many new referrals since January 2007. We're always very excited about getting new members into the clubhouse as they are a great addition and we always enjoy developing new friendships with them.



### Spending an afternoon with my dad...

I got a call one afternoon asking me to plan my next day. It was my dad. He told me we would spend that following day doing what ever I wanted.

I decided to go eat breakfast, go to walmart, ride bicycles, go to the \$1.25 movie, and go to eat lunch. We did each of these things starting at 7:00 a.m. and went all day long until 4:30pm.

There is one thing I can say and that is that I will never look back and say, "If only I had gone with my dad that day."

I think about those things but that is what makes me a unique individual, so what you see and read is what you receive from me. I am going to take life by the hand and take what it gives me. You just never know what the next day holds in store for you.

This day has made me realize how much better I have gotten; we didn't quarrel once and had the best time ever. I love you Daddy!

Christi W.

### Kitchen/Snackbar Report

The kitchen unit has been moving along as normal. Remember that the lunches and dinners at the Clubhouse are a dollar which includes the main meal (or chef salad), a drink and dessert. Last month we served 375 meals!!

The snack bar has been busy. We are doing our regular business plus preparing for our trip to Six Flags. A deposit of \$600.00 from the social account was sent for a deposit on our hotel rooms in Arlington and we have various fundraisers in the making to help defer the cost of the trip.

We are still making sandwiches and are going to get back on a regular routine for selling them. We still have our assortment of drinks and snacks for everyone to enjoy and have added frozen microwaveable dishes and snacks for those who want an alternative from the norm.

Again, we appreciate all who help our kitchen and snack bar run smoothly and for all who buy meals and support our social account.

### Quiet People

By Steven S.

We all have our quiet moments. We all have our humorous moments. We all have our thoughtful moments. I have thought of the members of Thunderbird clubhouse in all of these ways. I have enjoyed being in the mental health care system in greater Oklahoma county since I was twenty-four.

I have met various kinds of mentally challenged people, from handicapped people, as an example, Billy C. I have met depressed clients, and gifted people such as musicians and artists.

I think that many of my mentally challenged friends here at Thunderbird clubhouse will enjoy the exceptional work I do with words every day when I am published, and all of the exciting, educational theme parks I plan to open in future years. I am opening my very own zoo in Catoosa in a few years. I want to expand that to a theme park in Anaheim, California, and one in Orlando, Florida near Disneyworld.

For those of you who are movie buffs, I am also doing some screenwriting. I am happy that everyone seems to be doing well here at Thunderbird. I am glad that I have had the opportunity to work and socialize with you all.



### Blink of a Dog

Blink of a dog in mind  
 Came to my window  
 As I was looking out at trees  
 And that dog and I  
 Had roamed together another day  
 Now he seemed to my loneliness  
 My nature for the dog  
 But I had him once enough  
 Yet double dog was me alone  
 Me, I held him in the window  
 And he was alone somewhere  
 Dog together he and me  
 For another day  
 I blinked him at the window  
 In my memory  
 As for dogs like he and me  
 Jesus knows the source.

David T.



### Little River Zoo Happenings

Everything at the Little River Zoo is doing okay. I am volunteering for them. We are beginning to have a few babies being born. I am also working with Little River Zoo to contribute something to the 5th Annual Thunderbird Clubhouse "Petacular" pet show this June.

Jan T.

### International Business Club Fair at the University of Oklahoma

On February 9th, a few of us went to OU and set up a table where students could ask questions about our Clubhouse.

Many students stopped by and seemed very interested. As a result, one of OU's Fraternity's decided to do a fundraiser for Clubhouse. It was a great success!



### THE PURSUIT OF HAPPYNESS

By Marcus (the movie man) Lamb

"The Pursuit of Happyness" is a film about pursuing one's dreams and the difficulties that come with accomplishing those dreams. In the movie Will Smith plays a real person named Chris Gardner. Chris, at the beginning, is a portable bone scanner salesman who wants a better economic future for his family.

Soon, Chris decides that he would like to be a stock broker. He soon discovers a program with Dean Witter that will train him and give him a job. To be accepted, he must compete with several other candidates to win the job. Significantly, Chris will receive no pay for the program, and the program is full time Monday—Friday. That leaves little time to sell his bone scanners to doctors through the week.

At the same time, Chris's wife has left him alone with his five year old son; so Chris not only has to work in the internship program with no pay, but he has to take his son to day care and provide for his living. The worst cut of all occurs when Chris can't pay his hotel bill, so he and his son are forced to move out into the cold. They stay for a short time in a public restroom. Finally, they find a homeless shelter that will take them every evening.

At this point the movie almost ends. Chris has sold all his portable bone scanners and has no more money coming in. It's up to Chris's Dean Witter internship program to save the day. Guess what happens next?

The "Pursuit of Happyness" is quick, funny in places,

### My Sons

I've loved my sons from the start  
 Even if we're apart  
 They are my life, they are my joy  
 They are Mommies' little boyz  
 They are handsome and so cute  
 They like to eat really good fruit  
 My love for them will forever be true  
 Even if I'm feeling blue.

Jeannie B.



Thunderbird Clubhouse  
P.O. Box 1666  
Norman, OK 73070

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## CONTRIBUTIONS

Thunderbird Clubhouse gratefully accepts financial and in-kind donations. All donations are tax-deductible.

Financial donations can be 'ear-marked' to benefit one of the following:

- \* General Operational
- \* Capital Campaign
- \* Social and Recreational Account
- \* Dental and Eyeglass Account for Members

To make a donation or request more information, detach this form and send it to:

Thunderbird Clubhouse, P.O. Box 1666, Norman, OK 73070

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